

## **HEALTH GUIDELINES**

If a student becomes ill, parents and or emergency contacts will be expected to pick their child up as soon as possible. When parents and/or emergency contacts cannot be reached, school officials shall act in loco parentis and secure medical attention. Only emergency first aid may be provided at school. In the event of an accident or illness requiring emergency medical attention, every effort will be made to contact the parent or emergency contacts; however, 911 may be called to dispatch an ambulance to the school. The school reserves the right to exclude any student whose physical condition interferes with the ability to learn or exposes other students to potential communicable disease in accordance with the Arkansas Department of Health.

### **Children Must be Kept Home From School**

- if they have a temperature over 100 degrees (temperature should be normal for 24 hours without the aid of medication before returning to school).
- confirmed cases of flu require up to 48 hours without fever before the student may return to school.
- if they have had vomiting or diarrhea within 24 hours
- if they have an undiagnosed rash
- if they have a contagious cold with watery nose, glassy eyes, and persistent cough or sneeze
- if they have weeping or bleeding lesions that cannot be covered or effectively controlled with medication

### **Communicable Diseases and Parasites**

Students with communicable diseases or with parasites shall demonstrate respect for others by not attending school while they are contagious. In some instances, a letter from a health care provider may be required prior to the student being readmitted to the school.

The parents or legal guardians of students found to have live lice or nits will be asked to pick their child up at school. The parents or legal guardians will be given information concerning the eradication and control of head lice. Before students may be readmitted following an absence due to head lice, the school nurse or designated staff member shall examine the student to make sure they are free of any lice or nits.

The school may conduct screenings of students for head lice as needed. The screenings shall be conducted in a manner that respects the confidentiality of each student.

### **Medication**

Prior to the administration of any medication to any student, parental consent is required on the Medication Release Form. Handwritten notes are not acceptable in any circumstance. All necessary prescription and non-prescription medication must be administered by authorized school personnel. It is the parent's responsibility to bring any appropriate supply of medication to the office in the original pharmacy container. Medication is administered only by the authorized school personnel and is stored in a locked cabinet.

Use of prescription asthma inhalers and/or auto-injectable epinephrine will follow the guidelines set forth in ACT 1694 otherwise known as Alex's Law (6-18-707). Students who have written permission from their parent/ guardian or licensed health care practitioner to self-administer either an inhaled bronchodilator and/or auto-injectable epinephrine and who have a current signed medication release form on file shall be allowed to carry and self-administer such medications while in school, at an on-site or offsite school sponsored activity and while traveling to and from school. Students are prohibited from sharing, transferring, or in any way diverting his/her medication to any other person. A student with a completed medical release form that is able to carry and self-administer these medications will not require him/her to have such on his/her person. Parent/guardians of students who choose not to allow their child to carry an asthma inhaler and/ or auto-injectable epinephrine shall provide the school with appropriate labeled medication for emergency use and must document

this request on a medication release form.

Medication must be delivered in person by the parent to the school office; students should never carry medication with them, in their lunch, or keep it in their locker without approval from the school nurse and/or principal.

When a medication is no longer needed or if it has not been used for a period of time, the parents will be notified to pick the medication up in the office. The school shall not keep any outdated medications or any medications past the end of the school year.

Parents of children with allergies must submit a list of substances which trigger allergic reactions and a description of the type of reaction usually experienced. The list may be shared with teachers, assistants, and volunteers as needed to prevent exposure.

Children subject to anaphylactic reactions due to bee stings or other allergies should bring emergency medication to be kept at school with a physician's instructions for use.

### **Immunizations**

State law requires every student in the school setting to be immunized against certain diseases. A record from the health department or the student's physician documenting these required and dates given must be kept on file in the nurse's office. It is the parent's responsibility to provide these documents to the school. Religious, medical, and philosophical exemptions can be obtained through the Arkansas Department of Health. However, proof of exemption letters must be obtained each year and provided to the school for their records.

### **Screenings**

The School will administer screenings of its students. The intent of the screenings shall be to detect defects in hearing, vision, or other elements of health that would adversely affect the student's ability to achieve his/ her full potential.

## **COVID-19 Health Guidelines**

Students who show any symptoms of being sick must stay home (fever, cough, shortness of breath, difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, stomach issues, new loss of taste or smell).

If a student has a fever of 100.4 degrees Fahrenheit or more (whether during school hours or at home) the student must stay home and not return to school until they have a negative COVID-19 test, or a diagnosis from an MD that rules out COVID-19 and remain symptom free (without medication) for 48 hours. Families should provide a doctor's note to the school office when they receive any diagnosis. All COVID-19 test results must immediately be shared with the school administration.

\* Some thermometers vary in temperature readings, please be cautious

If a student is diagnosed with COVID-19, the student must stay home for a two-week period and be cleared by a doctor before returning to school. All in-home siblings must stay home for the same two-week period. A doctor's note will be required before all students can return to school. Students will receive AMI instruction while off campus.

If a student has any form of prolonged direct contact with someone who has been diagnosed with COVID-19, he/she must stay home for a two-week period while receiving AMI instruction.

If a family member of a student has been in direct contact with a COVID-19 patient, the student is allowed to attend school with daily screening in place. The family member is expected to show caution and remain off campus for a two-week period.

Visitors/parents will not be allowed inside school buildings unless it is an emergency situation, checking in/out a student or for official school business (meeting with teacher/principal). All pick up and drop off should take place outside in the carpool line unless you are a preschool parent.

If a visitor/parent has to enter the building, a screening process will be administered which includes taking of temperature followed by COVID-19 related questions. Time should be limited to your official business then a required check-out at the front desk will complete your visit. Face coverings are required.

Please remember if a positive COVID-19 test happens to a student or faculty/staff member HIPAA laws prevent Conway Christian from identifying that person. The ADH will give us clear direction on who should be informed regarding risk of exposure and quarantine guidelines for individuals, classrooms, grades, etc.